CHELSEA V. PARISI, MSW, LSW

PROFESSIONAL SUMMARY

Compassionate licensed social work with a foundation in psychology and trauma-informed care. Experienced in behavioral support, crisis response, youth mentorship, de-escalation, and case support for at-risk populations, with a commitment to improving mental health and well-being for individuals and families.

CORE SKILLS

Crisis Intervention & De-escalation • Trauma-Informed Care • Behavioral Support
Case Documentation & Reporting • Conflict Resolution • Active Listening
Community Outreach • At-Risk Youth Support

PROFESSIONAL EXPERIENCE

Center for Family Services, *Clinician* Sussex Outpatient July 2026 – Present

Catholic Charities Diocese of Paterson
Department for Persons with Disabilities (DPD), *Support Coordinator* Aug. 2024 – Feb. 2025

- Provided support for individuals with intellectual and developmental disabilities

Generations Family Guidance LLC.
Behavioral Assistant / Youth Mentor | June 2023 – May 2026

- Provided individualized behavioral support to youth through structured care plans
- Developed coping strategies and emotional regulation skills
- Collaborated with families and care teams to improve long-term stability and functioning

Township Police Department
Police Officer | July 2017 – January 2024

- Responded to crisis situations, including mental health and domestic incidents

Passaic County Sheriff's Office
Sheriff's Officer / Detective | September 2011 – July 2017

- Conducted sensitive investigations and background checks with confidentiality
- Interviewed individuals in high-stress legal and personal situations

United States Navy
Master-at-Arms, 2nd Class Petty Officer | 2008 – 2016

- Deployed overseas in support of security operations (Kuwait & Iraq)
- Trained personnel in security procedures and safety protocols
- Demonstrated leadership, adaptability, and cross-cultural communication
- **Military honors**
    - Navy & Marine Corps Achievement Medal (2011, 2013)
      Reserve Blue Jacket Sailor of the Year (2013)
      Expeditionary Warfare Specialist (2010)

EDUCATION

Master of Social Work (MSW)
Rutgers University, School of Social Work, New Brunswick, NJ | May 2026

Bachelor of Arts in Psychology
Thomas Edison State University, NJ | May 2015

CERTIFICATIONS & TRAINING

Licensed Social Worker | License #: 44SL07509200 | Exp. 08/31/2028
Threat Assessment & Management (2019)
Youth Mental Health First Aid (2021)
Mental Health & Special Needs Crisis Stabilization (2022)
Behavioral Assistant (BA) (2023)
Nurtured Heart Approach (NHA) (2026)

VOLUNTEER EXPERIENCE

Township Municipal Alliance (substance use prevention resources) | 2019 – Present
Community group (help raise mental health awareness through resources) | 2018 – Present

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