

Chandni Patel

EDUCATION AND CREDENTIALS

New Jersey Licensed Clinical Alcohol and Drug Counselor (LCADC: 37LC00358500) September, 2022

New Jersey Licensed Clinical Social Worker (LCSW: 44SC06289400) November, 2023

Master of Social Work May 2021
Rutgers University New Brunswick, NJ

Addiction Counselor Training Certificate May 2021
Rutgers University New Brunswick, NJ

Bachelor of Arts in Psychology (Major, Psychology; Minor, Biology) May 2019
Rutgers University New Brunswick, NJ

CLINICAL EXPERIENCE

Field Liaison August 2025- Present
New Brunswick, NJ

Rutgers School of Social Work

- Mentoring students
- Supporting the practicum instructor
- Monitoring student progress, conducting site visits and mediating any difficulties that arise.
- Review student work through Canvas and submit reports on the student's performance and overall placement experience.

Licensed Clinical Social Worker | Outpatient

April 2025 – Present
Metuchen, NJ

Integrative Therapy Institute

- Provide direct in-session care for clients, couples and families
- Conduct intake evaluations to determine clients' needs and interventions according to their treatment plan
- Creating individualized treatment plans for each client
- Refer clients to community resources to help their specific situations
- Monitor clients' progress towards their treatment goal
- Maintaining records of treatments and services
- Providing evidence based talk therapy (CBT, DBT, ACT, Narrative therapy)
- Responding to crisis situations

Licensed Clinical Social Worker | Outpatient

March 2024 – Present
Edison, NJ

Lifebulb

- Provide direct in-session care for clients, couples and families
- Evaluate clients to determine their needs and interventions according to their treatment plan

- Creating individualized treatment plans for each client
- Refer clients to community resources to help their specific situations
- Monitor clients' progress towards their treatment goal
- Maintaining records of treatments and services
- Providing evidence based talk therapy (CBT, DBT, ACT, Narrative therapy)
- Responding to crisis situations

Clinical Supervisor | Ambulatory Detox, Partial Care, Intensive Outpatient

December 2023 – May 2024

Center for Network Therapy

Middlesex, NJ

- Trains, instructs, and evaluates clinical interns and makes work assignments.
- Effectively communicates program, administrative, and clinical direction to interns and staff.
- Discusses problem cases with staff and makes suggestions and recommendations.
- Reviews process recordings and provides clinical supervision and guidance to counselors in training at the facility.
- Reviews case records for completeness, consistency, and quality of mental health services provided including application of proper techniques; ensures compliance with state and federal mandates.
- Consults with individual staff to promote staff development and to suggest solutions to problem cases.
- Assists in planning, developing, and implementing mandatory and discretionary mental health programs in accordance with applicable laws, ordinances, and regulations by determining type and level of services to be provided; measures of quality-assurance to be employed; and formulating and carrying out policies and procedures.
- Keeps informed of new developments in the field of psychiatric social work or marriage and family therapy.
- Identifies staff training and development requirements and provides training and guidance to administrative and clinical staff to ensure mental health services delivery effectiveness.

Clinician/ Program Coordinator | Ambulatory Detox, Partial Care, Intensive Outpatient

May 2021 – May 2024

Center for Network Therapy

Middlesex, NJ

- Provide addiction counseling, education, and case management services to clients and families under the supervision of the Director of Clinical Services.
- Assess clients using the Addiction Severity Index (ASI), American Society of Addiction Medicine (ASAM) Criteria and other standardized clinical interview tools and diagnose clients with substance use disorders under supervision using the DSM 5.
- Determine the appropriate level of care during assessment according to ASAM Patient Placement Criteria.
- Collaborate with the clients to develop a client and recovery-oriented treatment plan that includes appropriate goals, interventions, and measurable objectives.
- Provide the substance abuse counseling services specified in the client treatment plan.
- Review client progress throughout treatment according to the ASAM PPC2-R to determine the need for continued services, transfer, or discharge.
- Comprehending quantitative toxicology urine analysis results.
- Review and revise the client treatment plan to address challenges as they arise.
- Develop a client discharge/transfer plan to ensure transition to the appropriate level of care.
- Contact referral sources and engage in case consultation and coordination.
- Coordinate with a multidisciplinary team including mental health counselors, nurses, psychiatrists, and psychiatric support staff to identify obstacles to recovery and pressing issues during daily staff meetings.

- Document all counseling and education services, assessments, reassessments, referrals, and follow-up in the client’s clinical record.
- Conduct regular individual face-to-face counseling sessions and facilitate group and family sessions.
- Provide task supervision for master’s level clinical interns in mental health counseling and social work programs.
- Train new staff and interns on all clinical duties including: assessments, group facilitation, individual sessions and discharge planning.
- Oversee all clinical services and documents on a daily basis.
- Crisis intervention.
- Assess client’s progress and submit clinical updates or utilization reviews to insurance companies for treatment extension.
- Collaborate with families, DCP, probation officers and client’s legal team to assist clients in completing mandatory treatment, when applicable.
- Utilize NJSAMS to complete all clinical assessments required by DMHAS for services funded by managed initiatives.

Program Coordinator | Intensive Outpatient Program, Outpatient Program

June 2021-January 2023

STEP INC. (Striving To Empower People)

Sewaren, NJ

- Ghostwrite notes for a primary therapist.
- Utilize SimplePractice to complete all documents and clinical assessments required by DMHAS.
- Conduct evaluations utilizing biopsychosocial, BDI, Columbia-Suicide Severity Rating Scale (C-SSRS) and other assessments depending on the client's presenting problems.
- Interview potential staff and interns from Indeed and colleges to build a collaborative team.
- Collaborate with the director and primary clinician to ensure compliance with state protocols for working with substance use clients and minor clients for private therapy.
- Train new staff and interns on all clinical duties including: assessments, group facilitation, individual sessions and discharge planning.
- Manage social media for marketing for the new IOP/OP program.
- Connect with community resources for marketing.
- Edit agency website to reflect current programs and marketing for the programs.
- Research on appropriate referrals and resources to assist clients with presenting problems.
- Ensure compliance with fire drill procedures.
- Ensure completion of staff files as required by DMHAS.
- Assist with tracking the billing chart on SimplePractice and messaging clients for copayments.

Clinical Social Work Intern | Ambulatory Detox, Partial Care, Intensive Outpatient
Center for Network Therapy

May 2020 – April 2021

Middlesex, NJ

- Conducted intakes and biopsychosocial evaluations.
- Assessed the counseling needs of clients through the utilization of standardized clinical interview tools.
- Conducted NJSAMS evaluations, extensions, admissions and discharges.
- Trained the staff and interns on NJSAMS.
- Comprehending quantitative toxicology urine analysis results.
- Collaborated with the client to develop a written treatment plan and transitional plan that includes goals and measurable objectives.
- Under the supervision of the Clinical Program Director and coordinator, provided group and individual therapy, psychoeducation, and case management services related to addiction and substance abuse counseling services specified in the client treatment plan.

- Documented all counseling and education services, assessments, reassessments, referrals and follow-up in the client's clinical record according to Federal, State and Agency guidelines.
- Developed a client discharge/transfer plan to ensure movement to the appropriate levels of care according to ASAM Patient Placement Criteria.
- Coordinated with a multi-disciplinary team of social workers, nurses, psychiatrists, and psychiatric staff to evaluate and track client progress.
- Completed all clinical assessments required by DMHAS through NJSAMS.

Behavioral Therapist |
Achieve Beyond

December 2019 - January 2021
Edison, NJ

- Provided direct ABA therapy following the plan outlined by the Board Certified Behavior Analyst.
- Communicated with family about the treatment progress.
- Collected daily data and organized a child's program book weekly.

Social Work Intern |
Who Is my Neighbor? Inc

September 2019 - April 2020
Highland Park, NJ

- Provided support for parents and their children under 4 years old
- Helped facilitate and co-lead weekly Parent Support Group
- Provided support to middle school children

Psychology Intern |
Life Psychotherapy

June 2018 - December 2018
East Brunswick and Little Silver, NJ

- Conducted intakes over the phone
- Insurance billing, verification and claim status inquiries
- Trained new employees/interns and work under pressure
- Critical thinking while observing and reflecting on group and individual therapy sessions

Paraprofessional Mentor |
Rutgers Fieldwork in foster care

September 2018 - May 2019
New Brunswick, NJ

- Mentored an assigned foster child for a year
- Coordinated Parent Child Interaction Therapy(PCIT) with therapist to help with treatment plans
- Built relationships with foster child's parents/resource parents
- Understand and help manage behavioral and emotional problems
- Weekly case presentations and discussions

ADDITIONAL EXPERIENCE

Volunteer EMT, RVR EMS, Sep 2015 to June 2018
Certified preconception peer educator

SKILLS

Strong oral and written communication
Fluent in English, Gujarati, Hindi
Microsoft Word, Excel, PowerPoint
Motivational Interviewing (MI)
Interpersonal approach
Cognitive Behavioral Therapy (CBT)
Dialectical Behavioral Therapy (DBT)
Strong work ethics
Problem solving

Group and individual therapy

Narrative therapy

NJSAMS proficiency